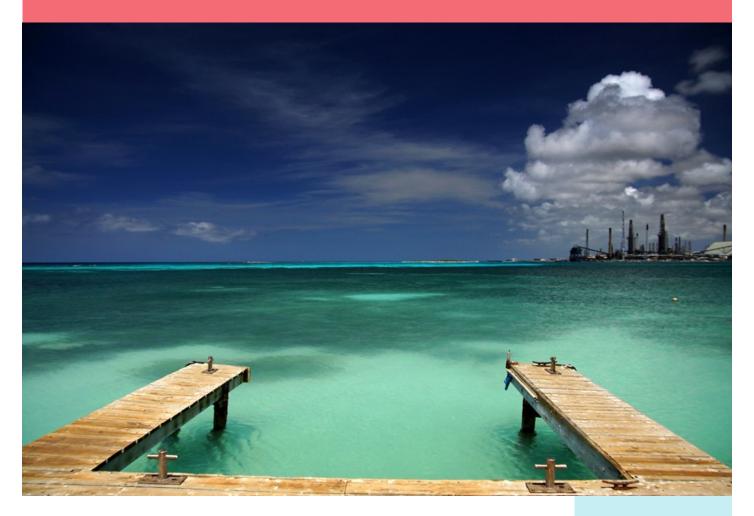
EDITION# 50 MARCH 30TH 2020

San Nicolas Community Paper

Unity In The Community Foundation



Cloudy Days Ahead, But We Strong









EDITION# 50 MARCH 30TH 2020

Get Your Printed Copy in your mailbox!

San Nicolas Community Paper Loved All Over





CONTACT US:

E-Mail: <u>Unityinthecommunityfoundation@gmail.com</u>

Website: <u>www.unityinthecommunityfoundation.com</u>



Red Cross Aruba In Action

Like always Aruba Red Cross is always in the community giving a helping hand, this was also the case as they shared out food, and also explained to the persons living on the streets how to stay safe in this time of the Corona Virus.







Shelter In Place!

Baby Beach Empty!



Yesterday was the first day of Shelter In Place, were you are not allowed to be on the streets without a valid reason, such as: Going to the supermarket, Pharmacy, food. If the police stopes you, and you can't prove the above mention locations, you will be heavily fined. So please keep to the rules.



COVID-19 CORONAVIRUS





SHELTER IN PLACE

ENTRANTE DIADOMINGO 29 MAART 12:00 AM

ACTIVIDADNAN NO ESENCIAL:

INSTITUCIONNAN EDUCACIONAL

- Creche
- Kleuterschool
- Scolnan
- Universidadnan
- Facilidadnan pa duna curso

TIENDANAN

- Luganan di paña, asesorio, joyeria y souvenirs
- Tur Shopping mall y tiendanan (outlets)
- Flea markets, mercado pa turista, kiosko

CUMINDA Y BEBIDA (HORECA)

- Tur Bar
- Trucknan banda di caminda: (Take out of delivery por sigui)
- Panaderia (Take out of delivery por)
- Tur Restaurant (Take out of delivery por)

ACTIVIDADNAN RECREACIONAL

- Casino
- Clubnan nocturno
- · Tur entretenimento pa adulto
- · Tur exposicion di arte
- · Centronan recreacional
- Cinema
- Tur compania cu ta ofrece actividadnan recreacional
- Luganan pa haci ehercisio y tur otro luga deportivo
- Museo
- Tur luga di beyesa:
 (Beauty shop, barber shop etc.)

OTRO

- · Luganan cu ta tene reunionnan
- Tur luga di evento
- Misa
- Proyectonan di construccion



San Nicolas Fighting Back The Curfew

It has been obvious that the community is not accustom to having a curfew, and the strong hand that the law acts in these times. A few people was arrested, and with their resistance the arrest looked much more violent that it actually was, however when people feel pushed, they push back, and this is why we are seeing fires, and other rebellious action most start at 9pm the beginning of the curfew every night.

We urge the community to please just take this time off to enjoy family, and keep each other safe.





100+ INDOOR ACTIVITIES

CRAFTS

MAKE PAPER AIRPLANES

SALT PAINTING

MAKE SUNCATCHERS

MAKE SALT DOUGH

MAKE SPONGE STAMPS

MAKE A CEREAL BOX AQUAIRIUM

MAKE SCRATCH ART

MAKE YOUR OWN BOOKMARKS

PAINT PET ROCKS

MAKE RECYCLED CRAYONS

MAKE PAPER BOATS

FINGER PAINT

MAKE FRIENDSHIP BRACELETS

MAKE A BIRD FEEDER

MAKE PAPER BAG PUPPETS

MAKE HANDPRINT ART

MAKE A SCRAPBOOK

DECORATE T-SHIRTS

MAKE A THANKFUL JAR

PAINT LEAVES

MAKE A TIME CAPSULE

MAKE BUTTON ART

PAINT WITH WATERCOLORS

COLOR IN A COLORING BOOK

MAKE PAPER CRAFTS

BUILD A CARDBOARD CASTLE

MAKE TISSUE BOX MONSTERS

MAKE A TOILET PAPER ROLL

BUTTERFLY

STAMP WITH CELERY

MAKE CHALK ICE

MAKE PUFFY SIDEWALK PAINT

DRAW A SELF PORTRAIT

USE RUBBER STAMPS

DO SCRAPE PAINTING

PAINT A RECYCLED JAR

MAKE SUPERHERO COSTUMES

ACTIVITIES

MAKE PLAYDOUGH

MAKE SLIME

MAKE PLAY MUD

MAKE RAINBOW RICE

MAKE FAKE SNOW

MAKE A SENSORY BIN

MAKE A SENSORY BAG

BUILD A FORT

HAVE A PILLOW FIGHT

WRITE A STORY

MAKE ICE CREAM IN A BAG

MAKE GUMMY BEARS

MAKE FRUIT ROLL-UPS

HAVE A MOVIE DAY

PUT ON A FASHION SHOW

BAKE CUPCAKES OR MUFFINS

DO YOGA

BUILD AN OBSTACLE COURSE

MAKE DINNER TOGETHER

PLAY WITH MAGNETIC TILES

BUILD SOMETHING WITH LEGO

USE DOT MARKERS

BUILD A STACK OF CARDS

PUT ON A PUPPET SHOW

MAKE A TREASURE HUNT

INDOOR BOWLING

LEARN TO DRAW

PUT ON A PLAY

MAKE INDOOR HOPSCOTCH

DO A FAMILY CHORE TOGETHER

HAVE A DANCE PARTY

HAVE A TEA PARTY

PLAY WITH WATER IN A BIN

SET UP A PLAY STORE

MAKE A SOCK TOSS GAME

MAKE PERLER BEAD ART

WRITE IN A JOURNAL

GAMES

PLAY WOULD YOU RATHER

PLAY I SPY

PLAY SIMON SAYS

PLAY BOARD GAMES

PLAY HIDE AND SEEK

INDOOR SCAVENGER HUNT

PLAY BINGO

PLAY CARD GAMES

DO A PUZZLE

PLAY CHARADES

BUILD YOUR OWN GAME

PLAY FREEZE DANCE

PLAY HOT POTATO

PLAY MARBLES

KEEP THE BALLOON UP

PLAY DOMINOES

PLAY HANGMAN

PLAY TIC-TAC-TOE

EDUCATIONAL

READ BOOKS

DO A SCIENCE PROJECT

LEARN ORIGAM

LEARN ABOUT A NEW

ANMAL

LEARN A NEW CARD GAME

LEARN TO SEW

LEARN TO KNIT

DO BRAIN TEASERS

LEARN A NEW LANGUAGE

LEARN ABOUT A COUNTRY

THEBESTIDEASFORKIDS.COM



Stay Safe Get Your AruPro Hand Sanitizer

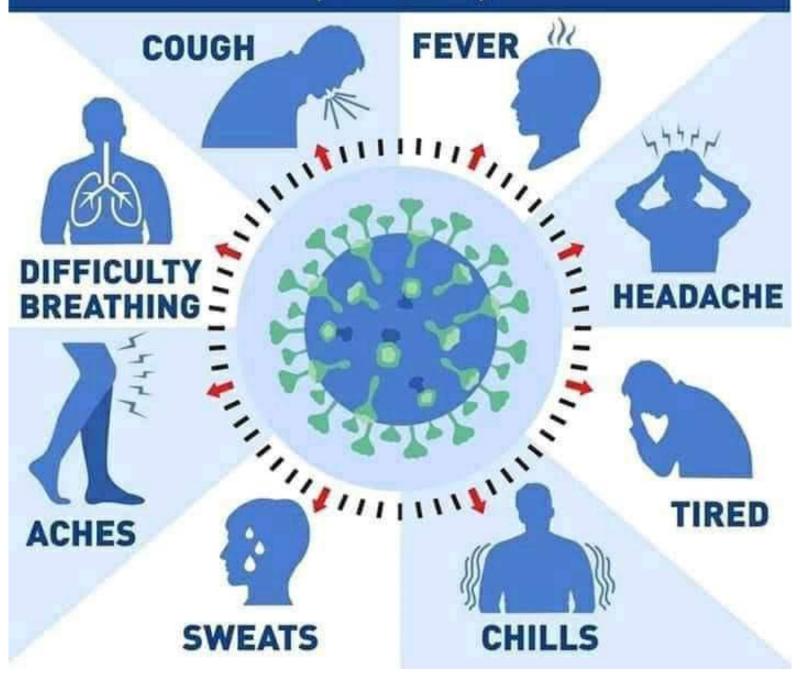
Protect Yourself, And Your Family!





SYMPTOMS OF CORONAVIRUS 2019-nCoV

(coronavirus)



Self-Care Check In

Ideas for staying busy, healthy and connected.



- 1. Have a family video call
- 2. Start a 1,000 piece puzzle
- 3. Take a daily walk
- 4. Do a crossword
- 5. Start a new hobby
- 6. Read a book

- 7. Organize your closet
- 8. Draw a picture
- 9. Host a virtual party
- 10. Practice yoga
- 11. Meal prep
- 12. Meditate





Pharmacy On Duty

27th March - 3rd April

San Nicolas:

Botica Centro Medico 584 5794

Oranjestad:

Botica Trupial 583 8560

Unity In The Community Foundation Helping Families In Need

Yes year round the small,but hardworking team of Unity In The Community Foundation was busy this week surprising families in need with food supplies during these hard times. We were able to help 65 house holds with different products to help them during this Shelter In Place.







LOKETNAN HABRI PA PAGO



Entrante dialuna 30 di maart nos loketnan ta habri, **SOLAMENTE** pa pago di cuenta di awa y coriente.

Orario:

Di 8 AM TE 10 AM pa SOLAMENTE clientenan 60+. Di 10 AM pa 12 PM pa tur otro cliente.

NO ta admiti muchanan menor di edad. No ta permiti mas cu 1 persona pa cada pago.

Ta urgi clientenan pa paga nan cuenta via online banking.
Ta pidi esnan cu NO POR OTRO y cu ta bini WEB,
pa cumpli cu reglanan di distancia social.
Esaki ta na beneficio di salud di cliente y di nos empleadonan.



Balashi 76, Aruba | T. 525 4200 www.webaruba.com

Pa tur otro servicio di conexion di awa ta referi na e formulario di contacto riba webaruba.com.

ATENCION!

N.V. Elmar su loketnan ta habri entrante dialuna 30 maart 2020 y te un proximo aviso.

Solamente pa pago di awa y coriente y benta di coriente pre-paid:

Oficina Oranjestad y San Nicolas:

8:00 am - 10:00 am (exclusivamente clientenan 60+)

10:00 am - 12:00 pm (tur otro cliente)

Oficina Hato: CERA

- No ta permiti muchanan menor di edad
- No ta permiti mas cu un persona pa cada pago
- Cumpli cu reglanan di distancia social
- Pa tur otro servicio of pregunta por manda un email pa customerservice@elmar.aw
- Call Center 523 7100: 7:45 am 4:00 pm
- Storingsdienst 523 7147: 7:30 am 12:00 am; despues di 12:00 am lo tin un opzichter na warda solamente pa casonan di emergencia

Pa proteccion di un y tur, ta recomenda haci pago online!

Aruba Bank: 512012
RBC: 30464783
Banco di Caribe: 80468433
CMB: 20658000



Danki pa e comprension

523 7100 | customerservice@elmar.aw